

Get nourished by nature and visit Kent's White Cliffs Country in 2022



L-R: Jenkins & Sons special occasion seafood platter; TWK coastal foraging by bike; White Cliffs

For travel inspiration across White Cliffs Country on the Kent coast, visit [Englandscost.com](https://englandscost.com), the browse-and-book tool that guides you along the coast and everything it has to offer, from walking routes and heritage sites to places to stay and family attractions. You can plan a trip, build an itinerary and reserve tables with hundreds of restaurants, cafés and pubs, and also book accommodation including hotels, B&Bs and campsites.

“Over the past couple of years many of us have rethought the way we travel and wanted to travel more sustainably - White Cliffs Country has delivered the goods, creating a series of wonderfully immersive experiences with no need for a passport!” says Samantha Richardson MBE, Director of the National Coastal Tourism Academy which delivers England's Coast.

“Cycle, forage and celebrate the Platinum Jubilee weekend at the Best of Kent Food, Beer and Wine Festival in Deal, showcasing some of the UK's best produce, there's even a concert featuring the Queen's favourite music! This south east corner truly offers the best of British!”

The iconic White Cliffs of Dover are at the heart of White Cliffs Country, and Kent's Heritage Coast has been named one of the world's Top 10 Regions to visit in Lonely Planet's [Best in Travel 2022](#) expert-chosen list. Discover the striking, world-famous coastline of Deal, Dover, Sandwich and beyond. Whether the wonderful White Cliffs Country is on your doorstep, or you're planning a trip later in 2022, here are some highlights coming to the region this year and ways to plan your trip with [Englandscost.com](https://englandscost.com).

Forage and feast along the coast

This corner of southeast England has a burgeoning reputation as a foodie destination owing to the quality of its local produce – often fresh from the sea. Enjoy a gourmet foraging adventure with renowned forager Lucia Stuart from The Wild Kitchen. Search secret places for fresh shellfish, nutritious edible seaweed and more, learn how to cook your finds and finish with a wild gourmet feast. **New coastal foraging adventures for 2022** include Edible Seashore: Foraging with a Beach Hut Feast (18 April; £129 pp) and Tour de Forage: Spring Foraging by Bike (21 May; £129 pp).

The picturesque smugglers' town of Deal is home to The Rose, one of Kent's best restaurants with rooms. Its mouth-watering menu is a collaboration between the visionary chef Nuno Mendes, formerly of Chiltern Firehouse and The Rose head chefs Luke Green and David Gadd. Delicious delights await, such as a savoury doughnut filled with crab, smoked-beef tartare with pickled redcurrants and cured sea trout with charcoal cream.

Where to stay in White Cliffs Country

Book with England's Coast: Stay at [The Royal Hotel](#), a historic hotel with a regal position on Deal's seafront, with rooms from £94 per night (two sharing).

Jubilee party on the green

Celebrate the Queen's 70 years on the throne with a big bash on Walmer Green, Deal, over the Jubilee weekend (4 June). Events and exhibitions will showcase the changing world of food, fashion and transport during the longest ever reign of a British Monarch. The day will feature the **inaugural Best of Kent Food**,

Beer and Wine Festival highlighting some of the county's finest food and drink from specialist food producers, craft breweries and local vineyards. A special Jubilee Concert featuring the Queen's favourite music will be the finale of the day.

White Cliffs Walking Festival

Put your best foot forward and discover the health and wellbeing benefits of rambling while exploring the treasures of southeast Kent at the White Cliffs Walking Festival (25-30 August). Incorporating the historic towns of Dover, Deal, Sandwich and Folkestone, the festival features walks from two to 30 miles in length, with themes ranging from history, geocaching, flora and fauna. The coast's soaring cliffs provide a breathtaking backdrop. Find out more and plan your [Dover visit with England's Coast](#).

Cycle the Sandwich Way

For a scenic, two-wheeled adventure, The Sandwich Way (Route 15) is hard to beat. It follows an imaginative route which can be enjoyed year-round through beautiful rolling countryside between Whitfield and Sandwich past ancient churches, hedgerows, yew trees, and villages with 'hall house' buildings dating from medieval times. There's also a 50-mile circular Cathedral-to-Coast cycle ride which passes many of Kent's highlights, linking Canterbury, Dover and Folkestone.

Plan your trip to White Cliffs Country with England's Coast: <https://englandscoast.com/en/lp/things-to-do-near-Dover>

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Press: For further information, high-res images or to **discuss a commissioned press trip**, please contact Lizzie Cooper at [Travel PR](#) on 020 8891 4440 or l.cooper@travelpr.co.uk.

For more information on England's Coast visit www.englandscoast.com/en or contact Sheron Crossman, National Coastal Tourism Academy Marketing & Communications Manager: Sheron.crossman@coastaltourismacademy.co.uk.

Notes to editors: The England's Coast project is delivered by the National Coastal Tourism Academy, whose partners include: Discover Yorkshire Coast, The North York Moors National Park Authority, Visit East Yorkshire, Visit Lancashire, Visit Cumbria, This is Durham, Visit Northumberland, Visit Essex, Visit Thanet, Dover/White Cliffs Country, Creative Coast Kent, Visit Brighton, Experience West Sussex, Visit Portsmouth, Discover Gosport, Visit Isle of Wight, Coast with the Most - Bournemouth/Christchurch/Poole, Somerset and Exmoor National Park – The Hinkley Tourism Action Partnership, P&O Ferries, Hornblower City Cruises Poole.